

Rudd, Rockford, Marble Rock Community Weight & Fitness Center

Agreement and Release of Liability

In consideration of gaining access to the Rudd, Rockford, Marble Rock Community Weight and Fitness Center and being allowed to use its facilities, equipment, and machinery in addition to the payment of any fee or charge, I do hereby waive, release and forever discharge the Rudd, Rockford, Marble Rock Community School District and its officers, agents, employees, representatives, executors, and all others from any and all responsibilities or liability for injuries or damages resulting from participation or use of equipment or machinery in the above-mentioned facility. I do also hereby release all of those mentioned and any others acting upon their behalf from any responsibility or liability for any injury or damage to myself and all members listed on this application, including those caused by the negligent act or omission of any of those mentioned or others acting on their behalf or in any way arising out of or connected with participation or the use of any equipment at the Rudd, Rockford, Marble Rock Community Weight and Fitness Center.

I understand and am aware that strength, feasibility, and aerobic exercise, including the use of equipment, are a potentially hazardous activity. I also understand that fitness activities involve risk of injury and even death and that all members listed on this application are voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury or death of all members listed on this application.

I do hereby further declare myself and all members listed on this application to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my participation in any of the activities available at Rudd, Rockford, Marble Rock Community Weight and Fitness Center or the use of equipment or machinery except as hereinafter stated. I do hereby acknowledge that I have been informed that all members on this application are encouraged to seek physician's approval for participation in an exercise/fitness activity or in the use of exercise equipment and machinery. I also acknowledge that it has been recommended that all members on this application have a yearly or more frequent physical examination and consultation with a physician as to physical activity, exercise, and use of exercise and training equipment so that recommendations concerning these fitness activities and equipment use can be specified. I acknowledge that all members on this application have either had a physical examination and have been given a physician's permission to participate, or that the members on this application have decided to participate in activity and/or use of equipment and machinery without approval of a physician and do hereby assume all responsibility for participation and activities, and utilization of equipment and machinery in my activities.

I understand that I am responsible for all minors listed on this application as well as any minors within the weight room and fitness facility that are not supervised by another adult. A minor is considered any person who has not graduated high school and is under the age of 18. I understand that I shall not permit anyone not listed on this application to use my access card. Anyone not listed on an application shall be prohibited.

I understand that access may be permanently banned or access may be restricted without notice for a period of time if any household member is found in violation of the facility rules. I also understand that access may be permanently banned or restricted if a Rudd, Rockford, Marble Rock Community School District representative, employee, or officer determine members to be a risk of liability to the Rudd, Rockford, Marble Rock Community School District. All decisions made by a representative, employee, or officer of Rudd, Rockford, Marble Rock Community School District are final and not subject to an appeal.

NOTE: A facility is only as good as the users. You are encouraged to report any misconduct, strange behavior, or unfamiliar persons. For the safety of all users, please also report any equipment in need of repairs.