

Weight Room Rules & Procedures (COVID-19 Requirements below)

Complete the Agreement and Release of Liability form annually.

Submit \$80 annual maintenance fee due January 1st each year. Fee includes an initial access card. Lost or stolen cards are \$10. Fees are non-refundable and non-transferable.

You must furnish a towel to wipe off seats. (disinfectant spray and towels will be provided)

You must card IN and card OUT when leaving. If you do not card IN and card OUT – your card will be locked out. Access will need to be reissued by a security administrator. Multiple occurrences will not be permitted.

All users, 18 years of age and younger, must be supervised by an adult.

Rudd, Rockford, Marble Rock Community School District is not responsible for lost or stolen items.

Rudd, Rockford, Marble Rock Community School District is not responsible and will accept no liability for the loss or damage to the cars parked and all contents in them.

Respect the right of others to work out. School athletic teams have priority at all times.

Respect the equipment and facility.

Wear appropriate attire (shoes and clothing)

Alcohol and tobacco products are prohibited.

Spotter required on all free weights.

Return all weights to the proper tree or rack and put away all equipment.

Refrain from using the facility while suffering from any infectious or contagious illness, disease or any other ailment where there is a risk such use may be detrimental to the health and safety of the members.

Report any equipment in need of repair.s

Report any vandalism, misconduct, strange behavior, or unfamiliar persons.

COVID - 19 (Additional Rules) Effective January 1st, 2021

- 1) Social Distancing** - The establishment must ensure that all weight equipment such as: treadmills, bikes, weight machines, benches, and power racks are spaced out at least 6 feet apart or take other appropriate measures to ensure that more closely spaced equipment is not used.

At this time the number of people at one time in the fitness center is 12 people. To ensure social distancing.

- 2) **Group Activities** - Any group activities must be limited to a number of people that permits maintaining a distance of 6 feet apart at all times, and the establishment should ensure that all such activities and classes comply with the requirements for sporting and recreational gatherings in the Governor's Proclamation.

- 3) **Other social distancing, hygiene and public health measures:** The shall also implement reasonable measures under the circumstances of each establishment to ensure social distancing of employees and customers, increased hygiene practices, and other public health measures to reduce the risk of COVID-19 consistent with guidance issued by the Department of Public Health.

MASKS ARE REQUIRED!

Rudd, Rockford, Marble Rock Community School District does not permit abandonment of individuals, both adults and children, who are unable to take care of themselves. All users under the age of 18 must be supervised by an adult.

NOTE: Rudd, Rockford, Marble Rock Community School District reserves the right to remove a member if found to be in violation of any rules or procedures due to the risk of liability.